

# Urine Collection for Chlamydia or TB Testing



PHONE (09) 574 7399

## PATIENT INSTRUCTIONS

### Important - Specimen labeling and delivery:

1. Ensure full first and last names and date of birth (dd/mm/yy) are clearly written on the specimen tube
2. Ensure date and time of collection is written on the request form and specimen container
3. Take the specimen and request form into the Collection Centre as soon after collection as possible

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### URINE FOR CHLAMYDIA

**NB to client: Ensure you do not pass urine for at least 1 hour prior to test**

1. Pass the **FIRST 10-30ml** urine into the dish provided
2. Transfer the urine into the container provided and secure lid firmly

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### TB URINE

**Three early morning urines are collected on three consecutive days\* and each specimen must be delivered daily to the nearest Collection Centre as soon as possible following collection.**

### Before collecting each daily specimen:

1. Collect first urine passed for the day into the dish provided or if you think it is not large enough, a clean ice cream container will be satisfactory.
2. Transfer the urine into the container provided. Fill the container provided. At least 50mL of urine is required for testing.
3. Ensure name and date of birth is clearly written on the bottle and either Specimen 1, 2 or 3 (\*corresponding with the day of collection)

**For further information, please call 09 574 7399**